# News You Can Use

Overeaters Anonymous | September 2026 | SJIG oa-southjersey.org

*This is an update from our Intergroup Meeting to share at your meeting:*

At a Zoom Meeting - Use as a Screen Share / At a Face to Face Meeting – Print It/Read It/ Also Posted on OA SJ Intergroup Website: oa-southjersey.org

**Tradition 9: OA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.**

**Attendees:**

| # Meeting Reps | 6 | # Officers | 2 | # Comm Chairs | 1 | Reg Rep(s) | 1 | Total | 10 |
|---|---|---|---|---|---|---|---|---|---|
| Met Quorum? | Y | | | Majority Vote | 6 | 2/3 Vote | | 7 | |

Excused: Jeff S., Michael O.

## Old Business

- The August Meeting Minutes (NYCU) were approved.
- SJIG meetings are qualified OA meetings that need 7th Tradition support.
- Funding is available for Outreach and can be applied for as necessary.
- Survey results will be presented at the November meeting.

## New Business

- A Budget Committee was formed, to be chaired by the Treasurer Rita H. Members of the committee are Mary Ann, Kathy S-G and possibly Jane G. Each committee chair should submit their budgetary needs to Rita. The budget will be presented to the IG and changes and updates will be discussed in order for it to be presented for approval at the November meeting.
- Jeff S. is holding A Recovery Craft Workshop on Saturday, October 10, 2026, from 2pm to 5 pm at the Starting Point in Haddon Township. He is looking for other OA members who have found their hobbies to be beneficial to their recovery to speak at the workshop. A flyer is forthcoming with more details.
- Region 7 has made a request for a hospitality basket for their Convention being held October 23-25, 2026, in Bethesda, MD. A motion was passed to send a check for $200 toward the making of a basket on our behalf.

## Welcome to our new 2026-2027 Board and Committee Chairs:

| | |
|---|---|
| **Chair:** | **OPEN** |
| **Vice Chair:** | **OPEN** |
| **Recording Secretary:** | **OPEN** |
| **Corresponding Secretary:** | **Jill T.** |
| **Treasurer:** | **Rita H.** |
| **Region 7 Representative:** | **Will O.** |
| **World Service Delegate:** | **OPEN** |
| **12th Step Within Committee:** | **OPEN** |
| **Young Adults Committee:** | **Janice** |
| **Public Info & Professional Outreach:** | **OPEN** |
| **Registrar:** | **Joann M.** |
| **Website & Technology Committee:** | **Maryann** |

- A motion was passed to not hold an Intergroup meeting in the month of October 2026. In the absence of an elected Chair, Vice Chair or Recording Secretary, Jill volunteered to chair the IG meeting in the month of November 2026. A motion was also passed to not hold an IG meeting in the month of December 2026. Joann volunteered to chair the meeting in the month of January 2027. Will volunteered to chair the following meeting. All meeting representatives are to inform their members of these changes to the IG schedule.

### Tradition 7: "We are self-supporting through our contributions."

**50% to Intergroup contribute** via www.oa-southjersey.org or SJIG-OA,
PO Box 766, Voorhees, NJ 08043
*Include the meeting day, time, town and number in note field.*

**10% to Region 7** contribute via electronic options(preferred) https://oaregion7.org/home/contributions-page/
*Include meeting day, time, city, state and number in note field.*

**40% to World Service Office** contribute via https://oa.org/contribute/https://oa.org/contribute/ or WSO, PO Box 44727, Rio Rancho, NM 87174-4727 *Include meeting day, time, town, state and number in note field.*

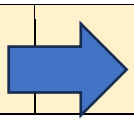
### Committee Reports

**Committee Reports are attached to the agenda that is emailed to each of the Intergroup Representatives.**

## Next Intergroup Meeting

**November 11, 2026 7:30 – 8:30 EST**

**Future IG mtg date – January 13, 2027**

**Learn more about upcoming events at**  **OA Events & Flyers**