



News You Can Use

Overeaters Anonymous September 2025

SJIG oa-southjersey.org

This is an update from our Intergroup Meeting to share at your meeting:

At a Zoom Meeting - Use as a Screen Share / At a Face to Face Meeting – Print It/Read It/ Also Posted on OA SJ Intergroup Website: oa-southjersey.org

Tradition 9: OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Attendees:

# Meeting Reps	8	# Officers	2	# Comm Chairs	2	Reg Rep(s)	2	Total	13
Met Quorum?	Y			Majority Vote	7	2/3 Vote	9		

Excused: Sam S-V, Beth M

Old Business

- August Meeting Minutes (NYCU) were approved.
- SJIG members are not making 7th Tradition donations to this meeting. They are strongly encouraged to do so and reminded that IG sessions are indeed actual OA meetings, and such donations are appropriate. Venmo or PayPal are available for such use on our website.

New Business

WELCOME to our 2025-2026 Board and Committee Chairs:

- | | |
|---|-------------------------------------|
| Chair: | Elaine W |
| Secretary: | Becky L |
| Treasurer: | Rita H (currently acting Treasurer) |
| Region 7 Representative: | John D |
| World Service Representative: | Kathy S-G |
| 12 th Step Within Committee: | Jeff S |
| Young Adults Committee: | Jill T |
| Public Info & Professional Outreach | Joann M (currently acting Chair) |
| Registrar: | Michael O |
| Website & Technology Committee: | Lesley M |

The remaining position to be filled is that of the Vice Chair.

- A vote was taken as to whether an advertisement for SJOA be placed on the side or rear of a NJ Transit Bus for a period of six weeks at a cost of \$5,767.70 or \$5,511.80. The vote was defeated.

- An Ad Hoc Committee was established in response to the board’s great interest in researching other advertising options to compare with the NJ Transit idea. The members of the Ad Hoc Advertising Committee are Kathy S-G, Chair, Robin R, Joanne M, Becky L, Janice and Elaine W.
- The question as to whether we hold a meeting in December was tabled due to time.
- A Budget Committee was established to form a budget for the 2026 calendar year which will be reviewed at our October meeting and voted on at our November meeting if there is no December meeting. The members of this committee are Elaine W, Rita H, Sam V-S, Lesley, and Janice. A line item for Advertising will be needed.

Tradition 7: “We are self-supporting through our contributions.”

50% to Intergroup contribute via www.oa-southjersey.org or SJIG-OA, PO Box 766, Voorhees, NJ 08043
Include the meeting day, time, town and number in note field.

10% to Region 7 contribute via electronic options(preferred)
<https://oaregion7.org/home/contributions-page/>
Include meeting day, time, city, state and number in note field.

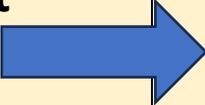
40% to World Service Office contribute via <https://oa.org/contribute/> or WSO, PO Box 44727, Rio Rancho, NM 87174-4727 *Include meeting day, time, town, state and number in note field.*

Committee Reports

Committee Reports are attached to the agenda that is emailed to each of the Intergroup Representatives.

Next Intergroup Meeting

Wednesday October 8, 2025 7:30 – 8:30 EST
 Future IG mtg dates for 2025: 11/5, 12/3 (?)

Learn more about upcoming events at  **[OA Events & Flyers](#)**