

This is an update from our Intergroup Meeting to share at your meeting:

At a Zoom Meeting - Use as a Screen Share / At a Face to Face Meeting – Print It/Read It/ Also Posted on OA SJ Intergroup Website: oa-southjersey.org

Tradition 8 : Overeaters Anonymous should remain forever non-professional, but our service centers may employ special workers.

Attendees:

# Meeting Reps	11	# Officers	3	# Comm Chairs	4	Reg Rep(s)	1	Total	19
Met Quorum? *	Y			Majority Vote	8	2/3 Vote	8		

- o Excused: Beth M., Registrar

Old Business

- July 2024 Meeting Minutes were approved.

New Business

Motion To Change Name of Young People’s Committee Name.....Elaine

A motion to change the name of the Young People’s Committee to Young Adult’s Committee was presented to the Intergroup and approved. Young Adults are those individuals between the ages of 18-30. Young Adults is the age group OA would like to reach. Young People can refer to children. Next step, this motion will be presented to World Service for approval and implementation.

Nominations Committee Update

Elections are scheduled for our September 7 Intergroup Meeting. The following are the open positions and nominees:

- Chair: Elaine W.
- Vice Chair: This Position Is Open- Please consider this important service to our Intergroup!
- Secretary: Becky L.
- !2th Step Within: Robin R.
- Web: Lesley M.
- World Service Delegate: Jeff S.

Nominations Committee Update (continued)

Returning to their current position next year are:

Treasurer:	Sam S.-V.
Registrar:	Beth M.
Region 7 Representative:	John D.
PI/ PO (Public Information/Professional Outreach):	Joann M.
Young People's:	Jill T.

Motion to Approve By Laws..... Joann M.

A motion to approve the changes made to the South Jersey Intergroup Bylaws was made and approved. Most changes were formatting; however, the following updates were included:

- **12th Step Within added as a committee (formerly an Ad Hoc Committee).**
- **Program Committee was deleted as workshops are available virtually.**
- **Monthly Intergroup Meetings are held virtually. The section was revised to accommodate these changes.**

Tradition 7: "We are self-supporting through our contributions."

60% to Intergroup contribute via www.oa-southjersey.org or SJIG-OA,
PO Box 766, Voorhees, NJ 08043

Include the meeting day, time, town and number in note field.

10% to Region 7 contribute via electronic options(preferred)

<https://oaregion7.org/home/contributionspage/>

Include meeting day, time, city, state and number in note field.

30% to World Service Office contribute via <https://oa.org/contribute/https://oa.org/contribute/> or
WSO, PO Box 44727, Rio Rancho, NM 87174-4727

Include meeting day, time, town, state and number in note field.

Committee Reports

Committee Reports are attached to the Agenda that is emailed to each of the Intergroup Representatives.

Next Intergroup Meeting

**Saturday, September 7
10:00 AM**



<p>Learn more about upcoming events at</p>	<p>OA South Jersey Events</p>
<p>The Intergroups of New Jersey Present: Sponsorship Day</p>	<p>Sunday, August 18 See Flyer Below for Additional Information</p>
<p>South Jersey Intergroup Presents: Newcomer’s Workshop</p>	<p>Saturday, September 14, 2024 10:00 AM – Noon Check OA SJ Website for Flyer</p>
<p>Philadelphia Area Intergroup Presents A Retreat: Embracing The Miracle</p>	<p>September 27 – September 29 Malvern Retreat House 315 S. Warren Avenue, Malvern, PA 19355 (Flyer Is on OA SJ Website)</p>

Flyer Pages



Newcomers Welcome!

**Please join us for a Newcomers Meeting!
Learn about OA and the miracle of recovery!**

- **Time:** 7:00 p.m. – 7:30 p.m.
- **When:** First Wednesday of Every Month
- **Questions?** Call Ken at 301-613-2023
- **Next:** Join us for our regular meeting at 7:30 p.m. in the same Zoom meeting room (Hosted by: Wednesday Night OA, Columbia, Maryland)
- **Where:** Join Zoom Meeting by clicking on this link:

<https://us02web.zoom.us/j/7310889762?pwd=QklrWFFPZmhCdUM1bTB4SjZ5bnk5dz09>

On your mobile phone: +13017158592,7310889762#

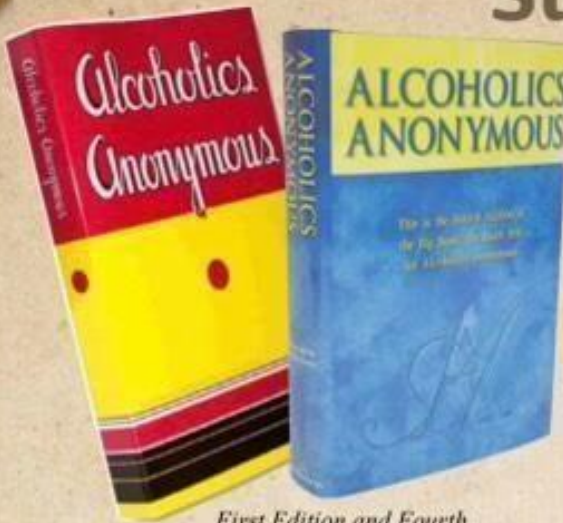
Or go to the Zoom.us website, click on 'Join a Meeting' and enter the following information: Meeting ID: 731 088 9762

Password: BeAbstn8

Sponsorship Day

Sunday August 18

9:30-11:30am ET



First Edition and Fourth Edition Big Books of Alcoholics Anonymous

Join Us for an exciting workshop!

As we celebrate OA Sponsorship Day!

Four recovered OA Speakers will share their own "Reasons" for Sponsoring and Carrying the Message of Hope and Recovery

Open Sharing, Q&A Big Book topics

Dr Bob's Four Reasons

"I spend a great deal of time passing on what I learned to others who want and need it badly. I do it for four reasons:

1. Sense of duty.
2. It is a pleasure
3. Because in so doing I am paying my debt to the man who took time to pass it on to me.
4. Because every time I do it I take out a little more insurance for myself against a possible slip."

— Dr Bob

Big Book pg 180-181, "Doctor Bob's Nightmare"



The two co-founders of Alcoholics Anonymous, Dr Bob, and Bill W. circa 1935

ZOOM info:

Meeting ID: 896 9924 0927
Password : 202408
Dial In: (305) 224-1968
Passcode : 202408

Contact Person:
Michael O.
(856) 275-9070

Conversation opened. 1 read message.

[Skip to content](#)
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Newcomers Workshop Flyer

Inbox



stoolman0@gmail.com

11:51 AM (2 hours ago)

to Joan, me

Hi Joan:
Please post the attached flyer on the SJIG Website.
Thanks,
Jeff

[Sent from Yahoo Mail for iPhone](#)

One attachment • Scanned by Gmail



[Will do.](#)
[Done.](#)
[I will send it out.](#)

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OA NEWCOMER'S WORKSHOP
SPONSORED BY OA SOUTH JERSEY INTERGROUP
WHEN: Saturday, September 14, 2024, 10:00am to Noon
WHERE: On Zoom
[https://us06web.zoom.us/j/2284671262?](https://us06web.zoom.us/j/2284671262?pwd=SXBNTe43T3ZvdFZabUwva1MwOWFGUT09&omn=81977036265)
[pwd=SXBNTe43T3ZvdFZabUwva1MwOWFGUT09&omn=81977036265](https://us06web.zoom.us/j/2284671262?pwd=SXBNTe43T3ZvdFZabUwva1MwOWFGUT09&omn=81977036265)
Meeting ID: 228 467 1262
Passcode: recovery
WHO SHOULD ATTEND? Anyone who is new to Overeaters Anonymous or returning to OA after a long period of absence. This event should also be helpful to anyone who needs a refresher or reminder on the physical, emotional and spiritual benefits of the Steps and Tools of Recovery. Furthermore, members will be given information on available sponsors.
CONTENT: This workshop will feature a brief slide presentation, two speakers and question and answer periods.
NOTE: Anyone who attends this event eligible to receive a special recovery

craft item.
FOR MORE INFORMATION: Contact Jeff S. At 609-610-6193 or
stoolmanjackson@yahoo.com

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SPONSORED BY OA SOUTH JERSEY INTERGROUP

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[pwd=SXBNTTE43T3ZvdFZabUwwa1MwOWFGUT09&omn=81977036265](https://us06web.zoom.us/j/2284671262?pwd=SXBNTTE43T3ZvdFZabUwwa1MwOWFGUT09&omn=81977036265)

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