

*"There Is A Solution" Meeting of Overeaters Anonymous presents...*

# Step One: Understanding Powerlessness

***First Sunday of every month, 9:00am - 10:30am***

Two recovered compulsive overeaters discuss the chapters of the Big Book that pertain directly to **Step 1: We admitted we were powerless over food—that our lives had become unmanageable.**



#### **2018 Schedule**

January 7  
February 4  
March 4  
April 1  
May 6  
June 3  
July 1  
August 5  
September 2  
October 7  
November 4  
December 2



**Jefferson Cherry Hill Hospital**

**Conference Room 3 (off Lobby)**

2201 Chapel Avenue West, Cherry Hill, NJ 08002

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